



Helium Arts' Pop Up Picnic

A feast of play, relaxation, and surprise
in the comfort of home.

Helium Arts
CREATIVITY CHANGES LIVES



POP UP PICNIC

The Pop Up Picnic was created for families with a young child with complex disabilities, to enjoy and share in the comfort of their own home and with the entire family. Two performers unpack a picnic, bringing song, colour, playfulness, and creative fun into the living room. The use of simple everyday items like an orange and fabric can spark new imaginative ideas for parents to try at home. The entire family can relax, watch, take part, laugh, and be surprised together.

Our picnic visits multiple times giving the family, child and performers a chance to get to know each other and relax together. Each time our performers are more aware of what the child enjoys and can tailor the performance to their needs. Here's a taster of what to expect!



The Picnickers arrive with hampers full of surprises.



Let's have a Picnic in Oisín's House.



A beautiful honeycomb
parachutes over my head.



See the honey jar glow.



Bees fly to the flower to
make their honey.



I'm inside a flower!

Zing, Zest, Zing, Zest...

Oranges dance out of the picnic basket.



Orange massage ... feels great!

Smell that beautiful orange flower, hear the air tinkle and chime!

Play with water and wash those sticky hands.

See the orange glow.



Eggs can be full of surprises.



Listen to the bird's song.

Dance to the Egg Samba!



Feel the song bird as she flutters and fans her wings.



Time for a cup of tea!



That's not tea! That's Lentil...eeee.



Herbal teas can smell really nice.



Taste that minty tea!





The best bit ...
Relaxing on the picnic blanket!

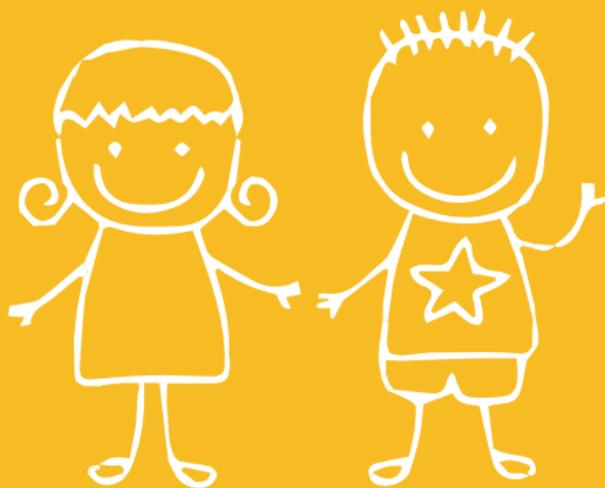


Even better ... Swinging gently
in the picnic blanket.

Come back with your picnic next week!

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The Pop Up Picnic is a Helium Arts' production produced in partnership with the Jack and Jill Children's Foundation and Kildare County Council. It is devised by musician Thomas Johnston of Ceol Connected, Niamh Lawlor of Púca Puppets, and director Joanna Williams of Little Bigtop. Prop designs and creation are by Orla Kelly and Mia Van Evelingen. The project development phase was mentored by Tim Webb of Oily Cart.



The project is approved by Government with support from the Dormant Accounts Fund. The project is further supported by The Arts Council, the JP McManus Charitable Foundation, Allianz Ireland, Kildare County Council Arts and Wellbeing Programme & Arts Service, The Ireland Funds, The Department of Children and Youth Affairs and the Civil Service Credit Union.

Helium Arts is the national children's arts and health organisation. We believe creativity changes lives.

www.helium.ie

Thank you to all the participating families.
Photo credit Brian Cregan Photography.

