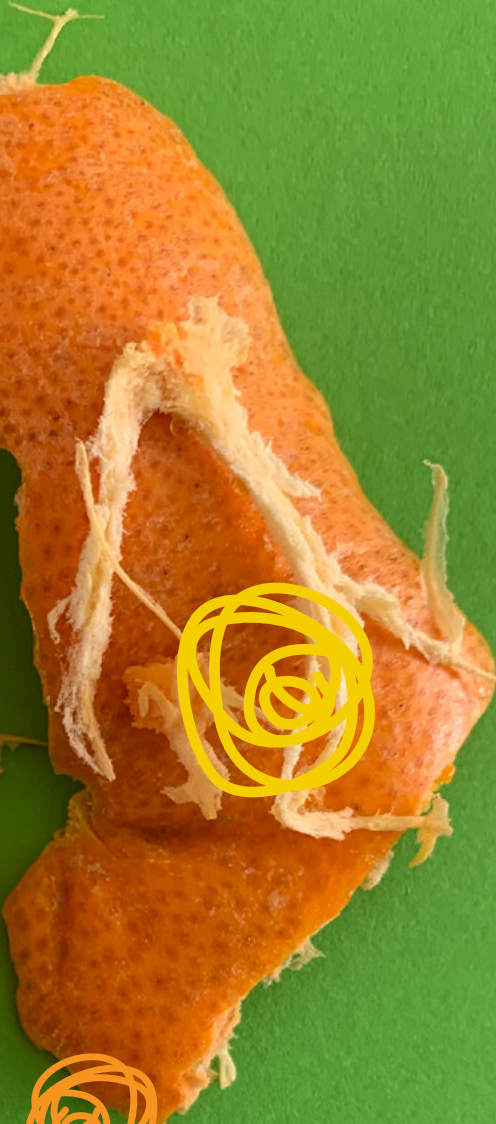
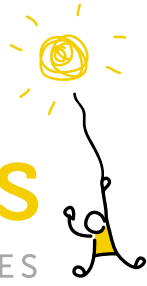


Helium Arts

CREATIVITY CHANGES LIVES



COMPOST CREATURES

FOR CHILDREN AGED 6-8



OVERVIEW

ACTIVITY

Compost Creatures

DESCRIPTION

Using compostable items to create your very own creatures.

MATERIALS

- Compostable items (Fruit/Veg peel, seeds, teabag, leaves)
- Plate
- Sheet of paper
- Scissors (optional)
- Pencil (optional)

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INTRODUCTION

Hello, creative friends!

We're going on a fun and imaginative adventure where we'll turn ordinary compost waste into extraordinary creatures! Did you know that the peels, seeds, and scraps we often throw away can be used to create art? Well, today, you'll get to transform those compostable items into magical monsters, fantastic animals, or any creature or alien you can dream up. We are so excited to see what you create.

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INSTRUCTIONS

- 1.** Begin by collecting items that are compostable. This may be fruit or vegetable peel, nuts, seeds, plants, leaves, or anything that looks interesting. Your creature could be created from one fruit/vegetable peel or a collection of items that are compostable.
- 2.** Make sure your compostable items are clean and relatively dry. If you're using a teabag, make sure it has the water squeezed out. Keep your items on a plate so you don't mess your surface.
- 3.** Analyse the items you have and observe if you have pieces that could work as eyes, mouths, arms or legs. Your creature might have a body and legs, or you could create a close up of a creature's face?



- **Round items** – Can be used for eyes or heads or maybe feet
- **Stringy** – Make great hair or can be used to draw lines
- **Long strips** – Arms or legs or can be broken into smaller bits for facial features or can be curved to make a mouth
- **Leaves** – Can be used to create the body or layered to create a shell or wings
- **Seeds** – Can add small features such as teeth or be used to add texture or pattern to a creature

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4. Lay a sheet of paper down to build your final creature on. Maybe you want to sketch out your idea first or experiment with the items you have and move them around to see what sort of shapes and images they can create. Start to assemble on a piece of paper. You don't have to settle on the first go. The great thing with this art is you can keep experimenting.



5. Stand back and look at what you've created. Play around with the items until you are happy with your creation, you can always take a picture and move them around to create something new.

6. You could even give your creature(s) a name. Could it be inspired by one of the items you used to create it, or could it be something unrelated. There's no right or wrong way to name it, you are the creator. Meet "Tea Tails", she is so happy with her orange bows she got for her pigtails.

7. Ask a parent or guardian to photograph your creature and email it to ondemand@helium.ie

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